



PILATES AT THE PILLOW™ | April 29-May 1, 2022

# The New Science and Lost Art of Joe's Corrective Work™

## Transportation Information

Travel Information To and From Jacob's Pillow (358 George Carter Road, Becket MA, 01223)

<b>AIRPORTS</b>	City, State	*Distance	<b>CAR RENTAL</b>
Albany International Airport (ALB)	Albany, NY	1.5 hours	<a href="#">Enterprise</a>
Bradley International Airport (BDL)	Hartford, CT	1.5 hours	<a href="#">Alamo</a>
Logan International Airport (BOS)	Boston, MA	2.5 hours	<a href="#">Hertz</a>
John F. Kennedy International Airport (JFK), LaGuardia Airport (LGA), Newark Liberty International Airport (EWR)	New York, NY	3.5 hours	

*\*Approximate driving time to/from Jacob's Pillow*

## **TRAINS**

### **Amtrak**

Line runs from Penn station in NYC to Hudson, NY-about an hour from Jacob's Pillow. Below are a few train times which might be helpful in when planning your travel. For more information and purchase tickets, go to [www.amtrak.com](http://www.amtrak.com) (prices vary depending on when you book your ticket).

### **Penn Station to Hudson, NY — Friday, April 29, 2022**

8:15am - 10:21am | 10:20am - 12:20pm | 11:20am - 1:20pm

### **Hudson, NY to Penn Station — Sunday, May 1, 2022**

6:38pm - 8:50pm | 7:37pm - 9:55pm

### **Metro-North**

Train service runs from Grand Central Station in NYC to Wassaic, NY or Waterbury, Connecticut—both about an hour and fifteen minutes from Jacob's Pillow. The trains for those trips are not yet posted this far in advance. For more information, go to [www.MTA.info](http://www.MTA.info)



6400 Montgomery St. Rhinebeck, NY 12572  
845.876.5686 • [www.rhinebeckpilates.com](http://www.rhinebeckpilates.com)



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## Transportation Information, cont.

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### **BUS**

Peter Pan / Bonanza

800.343.9999 | [www.peterpanbus.com](http://www.peterpanbus.com)

This line provides service from Boston, Hartford, Albany, New York City, and Springfield and arrives in Lee, Massachusetts, at the Lee Plaza, which is 8 miles from Jacob's Pillow. There is no bus terminal; tickets may be purchased online or on the bus.

### **TAXI SERVICE**

Location	Taxi	Phone Number	Estimated fare
From Hudson, NY train station	Hudson Region Transport	518.547.7094	\$98 one way
From Wassaic, NY train station	Emerald Express Taxi	518.592.1074	\$100 one way
From Waterbury, CT train station	Brass Taxi	203.805.5656	\$125 one way
From Lee, Massachusetts Lee Plaza	Park Taxi	413.243.0020	

*All taxi fees were accurate as of 1/8/19 they are subject to change and are beyond our control.*

### **OPTIONAL Workshop on Monday, May 2, 2022**

Travel to Rhinebeck from Becket, MA

Please contact [elaine@rhinebeckpilates.com](mailto:elaine@rhinebeckpilates.com) to discuss travel options.

Ride share with other attendees is most likely the best option.



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